

SANDIP FOUNDATION'S SANDIP INSTITUTE OF TECHNOLOGY & RESEARCH CENTRE



An Autonomous Institute Permanently Affiliated to Savitribai Phule Pune University

Mahiravani, Nashik-422213

Department of Management Studies

Date: 1st September 2023

NOTICE

This is to inform all the MBA I Year Students, that under the Invigorating Induction Program 2023-24 - Day 1 we are conducting a "Team Building Activity" on the below dates.

Day and Date: Saturday, 2nd September 2023

Time: 11 AM

Venue: Open Amphitheatre SITRC Building, Sandip

Foundation, Nashik

Attendance is Mandatory

Total 7

Dr. Jonathan Joseph

Co-Ordinator

Induction Program

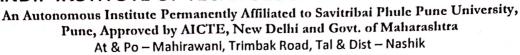


Dr. Sarika Patil

HOD, MBA

SITRC





Phone: (02594) 222552,53,54, Fax: (02594) 222555

website: www.sandipfoundation.org, e-mail: principal@sitrc.org
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Department of Management Studies (MBA)

Academic Year 2023-24

Report on Team Building Activity

Event Title: Team Building Activity

Date: 2nd September 2023

Conduction Duration: Full day

Venue: Open Amphitheater, SITRC

Coordinator: Prof. Dr. Ravindra Gadge

Objective:

- 1. To improve student's team spirit, team building skill and to improve their verbal and nonverbal communication skills. This is necessary for effective problem-solving and collaboration.
- 2. To create strong teams needed to build on trust among them, this Team building exercises help team members to create trust by instilling in them a sense of vulnerability, openness, and dependability.
 - 3. To execute these activities leads to help the individual as a team member and whole as a team's problem-solving and creative thinking skills gets enhanced.

About the Program:

On 2nd September 2023; a "Team Building Activity" was organized by Prof. (Dr.) Ravindra Gadge, Professor for MBA students at Department of Management Studies (MBA). The event witnessed enthusiastic and overwhelming response from participated students MBA I and MBA II, who actively showcased their creativity and dedication towards team spirit and Team building. The objective of the team building activity was to increase team spirit, creativity, team cooperation, improve communication skills as well as problem solving skills and mainly decision making.

The students were divided into small teams where a their leader.

team carries 7 to 8 members and has to choose

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There are three activities which are scheduled for students.

They are as follows:

- 1. Water bucket challenge
- 2. Skipping ropes
- 3. Blind path -Guiding by Leader

These three activities were conducted on 2 September, 2023 at Open Amphi Theater opposite to SITRC Building, Sandip Foundation, Nashik-41122

- 1. Water bucket challenge: Total eight teams were formed having strengths of 7 to 8 nos. participants in each team. Two teams called at time to face off among them winner has been decided within a given 10 minute they need to fill the bucket with water where water bucket kept almost 10 meter away from destination point by forming a chain these students with a team efforts need to carry a water in their hands by forming a pot like shape with their palms and transfer the water from their hands to nearby team members like way last team member has to make sure that water in her/his hand need to pour on empty bucket kept at other end within the 10 minute on music background. The winning team will decided on the maximum water poured on the empty bucket kept at other side like this four winner decided and among four again semifinal played and among two final played where winning team was decided.
- 2. Skipping rope: Further teams which was formed earlier out of which any single representative of that particular team has to participate in Skipping rope challenge within a three(3) minute how many skipping is performing by that contestant along with opponent team member, where winner is decided and again among them they best of four winner drawn. Semifinal was played among them consequently the winner decided among final best two teams.
- 3. Blind path —Guiding by Leader: Any two member can represent their respective teams and need to participate in blind path activity where path with very challenging task and turns has to cover by the contestant by covering their eyes make sure nothing can be seen through this cloths which was put it on eye and tied with head. Other team member of same team has to guide his/her team-mate by passing the instructions verbally without touching the body of his/her team-mate maximum distance within a three(3) minute need to cover as a time whichever team will cover maximum distance is declared as a winner in this contest/activity.

Overall winner is decided among all the teams who participated in team building activity and won the maximum number of games among three team building activity.



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- 1. Team building activities not only help in team forming, team building, developing team spirit, winning attitude, team coordination, helping others as a team mates attitude and many more traits and also help in team members to improve their verbal and Non-verbal communication skills. This leads to improved comprehension, cohesiveness, lesser misunderstandings and more successful team building & teamwork attitude.
- 2. Through team building activities, team Members Can develop a greater grasping ability of each other's roles and strengths. This understanding can result in more effective work delegations and collaboration.
- 3. The event served as a platform for community engagement, as the Team building activity engagement created by the MBA students reached a wider audience beyond the institution. This engagement helped in spreading the message of team building to a larger audience and encouraged more individuals to participate in it.

Glimpse of the Day





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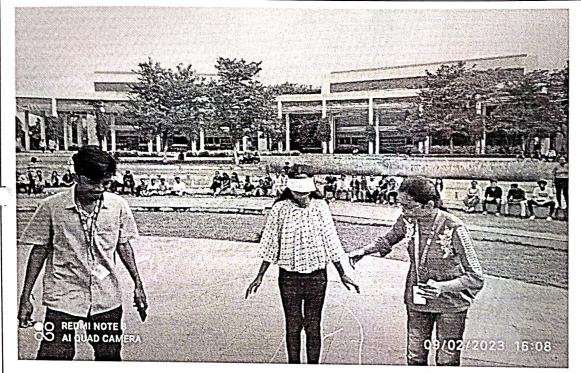
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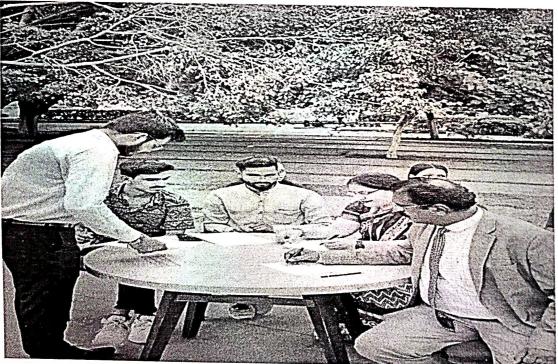
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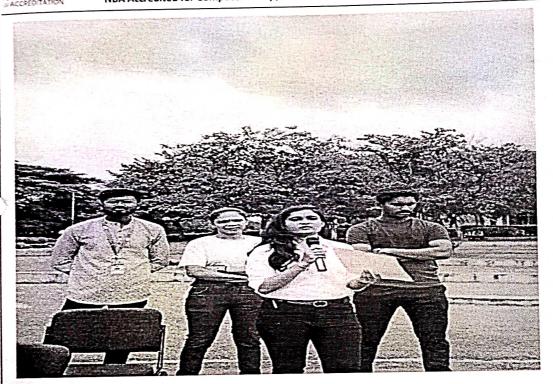
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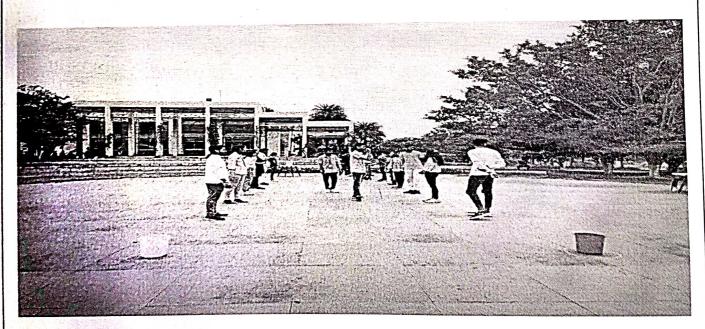
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Prof. Dr. Ravindra Gadge

Coordinator

Dr. Sarika Patil

HOD, Dept of MBA

Dr. Milind Patil

Principal, SITRC

PRINCIPAL

Sandip Institute of Technology and Research Centre, Mahiravani - 422 213, Nash k







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Department of Management Studies (MBA)	
Academic Year 2023-24	

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Event Title: Te	Event Title: Team Building Activity						Date: 2nd September 2023	57
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LS.	Name	PRN No.	E-Mail ID	Mobile No.	What year of MBA Program are you currently in?	Were the objectives of the activity well defined?	Did the activity help you to gain domain knowledge and improvement in skill	Did the activity help you apply managerial tools and techniques to solve business and social problems?
1	Ishaan Manesh Sarkar	212023005	ishaan.sarkar0 212023005 3051@gmail.c om	9130171076 MBA - I		Completely Agree	Completely Agree	Completely Agree
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