



SANDIP
FOUNDATION

**Sandip Foundation's
Sandip Institute of Technology & Research
Centre, Nashik
Department of Management Studies
Academic Year 2023-24**

***Alumni Talk on: "Inner and Outer beauty fitness
with Personality Development".***

Event Title: - Alumni Talk on Inner and Outer beauty fitness with Personality Development.

Date: 15/09/2023

Conduction Duration: One Hour.

Venue: MBA I Class room

Resource Person: Ms. Kalyani Shirore .

(Founder of New India Queens, Diamond Director of Oriflame India)

Coordinator: 1. Prof. Dipeeka Chavan

Objective:

- 1. To provide attendees with valuable insights and practical knowledge on how to enhance their inner and outer beauty, as well as develop a strong and appealing personality.**
- 2. To inspire Students to work on self-improvement, boost their confidence.**

About The Program:

The Department of MBA, organized a highly informative and engaging lecture on “Inner and Outer Beauty fitness with personality development” for our students. The event featured the esteemed alumni speaker, Ms. Kalyani Shirore, the Founder of New India Queens, Diamond Director of Oriflame India.

The talk aimed to provide students with valuable insights and practical knowledge on how to enhance their inner and outer beauty, as well as develop a strong and appealing personality.

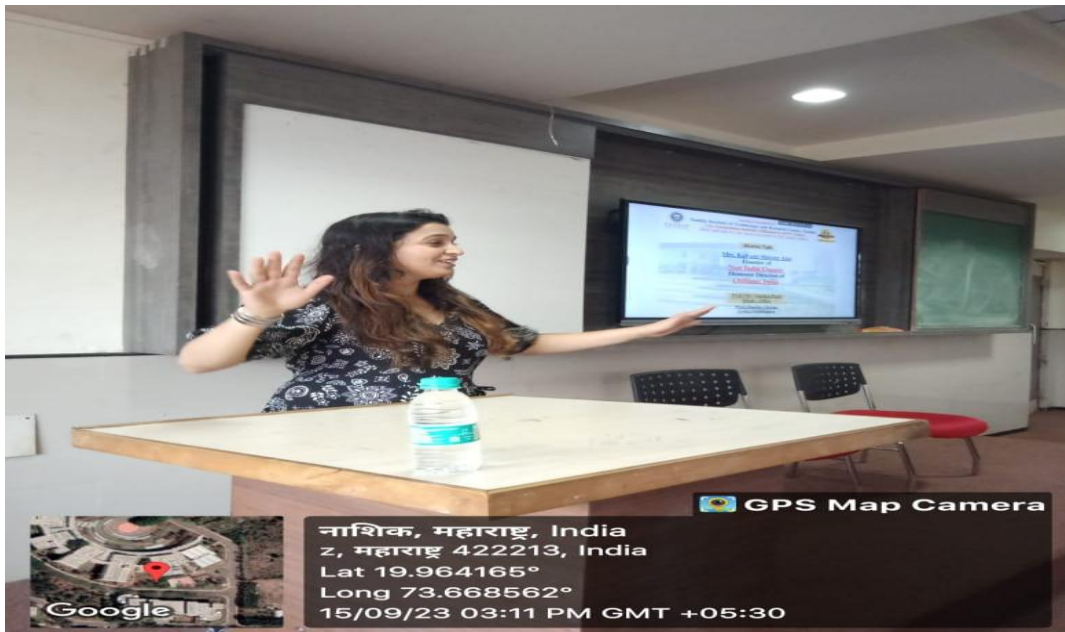
Speaker emphasized the importance of self-awareness and self-acceptance. And gave some tips on skincare, haircare, and fashion were provided to help attendees enhance their outer appearance. The importance of a healthy lifestyle in maintaining outer beauty was discussed. The speaker outlined key traits and characteristics that contribute to a strong personality. And encouraged students to work on personal development and set goals for self-improvement.

During the event Ms. Kalyani highlighting the importance of Mental Peace. If mental health is not fine , everything is useless. As the same time she gave some tips to students for mental peace. Meditation , Yoga, is the best thing for mental peace.


Outcome:

1. Students may experience an increase in self-esteem and self-confidence as they learn strategies to enhance their self-image.
2. As Students work on their inner and outer beauty and personality development, they may experience improved mental well-being and reduced stress.

Photographs:





 GPS Map Camera



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 **GPS Map Camera**

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