



**Sandip Foundation's
Sandip Institute of Technology & Research Centre, Nashik
Department of Management Studies
Academic Year 2019-20
Research Activity**

Event Title: “Research Activity Study on Stress due to change in the nature of work from Home due to Lock Down”

Conduction Period : During Lockdown during Covid -19

Coordinator :

1.Prof Sarika Patil (Assistant Professor, MBA Department)

2.Dr Hetal Bhinde (Assistant Professor , MBA Department)

Objective:

To Study the stress level due to change in the nature of work from Home due to Lock Down

About The Program: Department of Management Studies took an Initiative as a part of Research Activity to conduct a research survey during Lock down due to Covid -19. As we are aware that Covid -19 has impacted on every thing on this earth be it a Economy, Health of a common man, business. It seems that everything has come to halt. well definitely the Corona virus has brought down the world to Standstill and definitely it has penetrated the uncertainty in the minds of business man, labors, employees, farmers, house makers each and every one on this planet. This uncertainty has induced the stress as a by product so to measure the effect of stress due to lock down a research is been undertaken. To conduct the research a well structured questionnaire was prepared and circulated for data collection via google form.

Outcome:

1.Faculty members were able to gauge the stress level due to change in the nature of work from Home due to Lock Down.

Photograph:



A Study on Stress due to change in
the Nature of Work during Lockdown
Dear all, Greeting for the Day!!! The ...
docs.google.com

Dear All,
**Greetings from Sandip
Foundation's, Department of
Management Studies!!!**

Nowadays, everyone is dealing with the pandemic of covid-19 in their own ways. But one of the most stressful situation is the unpredictability and the uncertainty of when to control the disease and the seriousness of the risk. On the other hand challenges and stress can trigger common mental disorder such as anxiety & depression.

This research is an attempt to find out how the nature of work effect mental condition among individual and to suggest some prevention.

