



**SANDIP INSTITUTE OF TECHNOLOGY & RESEARCH CENTRE, Nasik**  
**Department of Management Studies**

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**Name of the Program:** - Guest Lecture on Personality Development

**Day & Date:-** 31<sup>st</sup> March 2016

**Objective:** - 1. To make students aware about importance of personality development  
2. To make students aware about various methods that helps in improving  
Personality

**Resource Person :** - Dr Medha Sykhedkar

**About The Program:** Department of Management studies had organized a guest lecture for students on the topic Personality development . to share the knowledge & wisdom on the said topic we had invited an eminent personality from Nasik Dr Medha Sykhedkar. As we all know that in the today's highly competitive world our personality plays a major role in shaping our career . The resource person focused on importance of behavior and attitude that makes person distinct. She also focused on various activities that improve awareness and identity, develop talent and potential, build human capital and facilitate employability, enhance quality of life and contribute to the realization of dreams and aspiration. Dr Sykhedkar also focused on techniques of improving personality like appearance, communication skills, and self discipline, accept and recognize weak points, attending social gathering, good listener, positive in thoughts, serve and help others, developing courage. The overall session was quite effective & hopes so we would see a change in personality of our students

**Outcome:** - 1. Students came to know about the importance of personality in shaping  
professional as well as social life  
2. Students got an brief idea how to improve our personality

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